



**Danielle C. Monteil, MD
LCDR USN MC
Clinical Geneticist
Neurodevelopmental Pediatrics
Naval Medical Center Portsmouth**



When:

Appointment Date:

Appointment Time:

With:

Danielle Monteil, M.D.

I am the Navy Clinical Geneticist practicing in the Tidewater area. I am a licensed Pediatrician that completed my Pediatric Residency at Navy Medical Center San Diego. I specialized in Clinical Genetics and Genomics in a Fellowship at Cincinnati Children's Hospital and Medical Center. I provide medical genetic support for military beneficiaries in the eastern United States.

I am a wife and a mom. In our free time, my husband and I can be found chasing three young kids and two Labrador retrievers. I enjoy getting to know my patients and my personal mission is to help you navigate your way through a complex medical system.



Welcome

Clinical geneticists are experienced medical doctors who have already undergone substantial training in adult or child (pediatric) medicine before further specializing in genetics. They usually see families in a hospital clinic, or occasionally on a hospital ward, and their role is to provide comprehensive diagnostic, management and treatment services with emphasis on tailoring care to specific patient and family needs, through interdisciplinary clinics and programs.

I am dedicated to providing you and your child with the most complete and advanced care. During your first visit, you will meet with me in my clinic. If necessary, I will conduct a thorough physical examination, inquire about symptoms and record your medical history. I will explain to you what heredity, chromosomes and genes are and how they function in your body. Lab tests, such as blood tests, and imaging tests, such as magnetic resonance imaging (MRI) or computerized tomography (CT) scans may also be recommended or ordered. If you have already had tests and procedures, I should have access to them, through your medical record.

Why are you seeing a Clinical Geneticist?

Your (or your child's) primary care provider, or a specialist, has referred you to a clinical geneticist. People are seen in genetic clinics for many different reasons:

- You may have a family member who has been diagnosed with a genetic condition.
- You may have a family member with medical and/or learning difficulties and your doctor thinks they may cause by a genetic condition.
- You may have a known genetic condition in the family, which is heritable.
- You may be pregnant and there is some risk that your baby could have a genetic condition, either because of a known condition within the family, or because of findings on a scan or test during pregnancy.
- There may be a known gene alteration in the family, which can increase the risk of a particular medical condition such as heart disease or cancer.

It is my job to determine if you have a genetic condition. I may also find that your medical concerns are not related to a genetic condition.

What to bring to the first appointment:

Bring list of your questions. Bring family history of medical conditions. Jotting it down is sometimes helpful. If there is another family member who has had genetic testing, please bring a copy of those results with you. If you have previously had genetic testing or have medical records which are not in the NMCP system, please bring them with you.

Sample questions I can answer during the appointment:

Planning your question list will help you make the most of our time together.

Can you explain what genes and chromosomes are?

Can we have a discussion without my child present?

How and when do we explain this to our child?

How long will test results take?

Can you go through the genetic report with us?

What genes are affected in my child's condition and what do those genes do?

Associated medical conditions? Further screening/testing/follow up appointments?

Can my child be cured?

Will my child have a normal life?

Will my child have a normal life span?

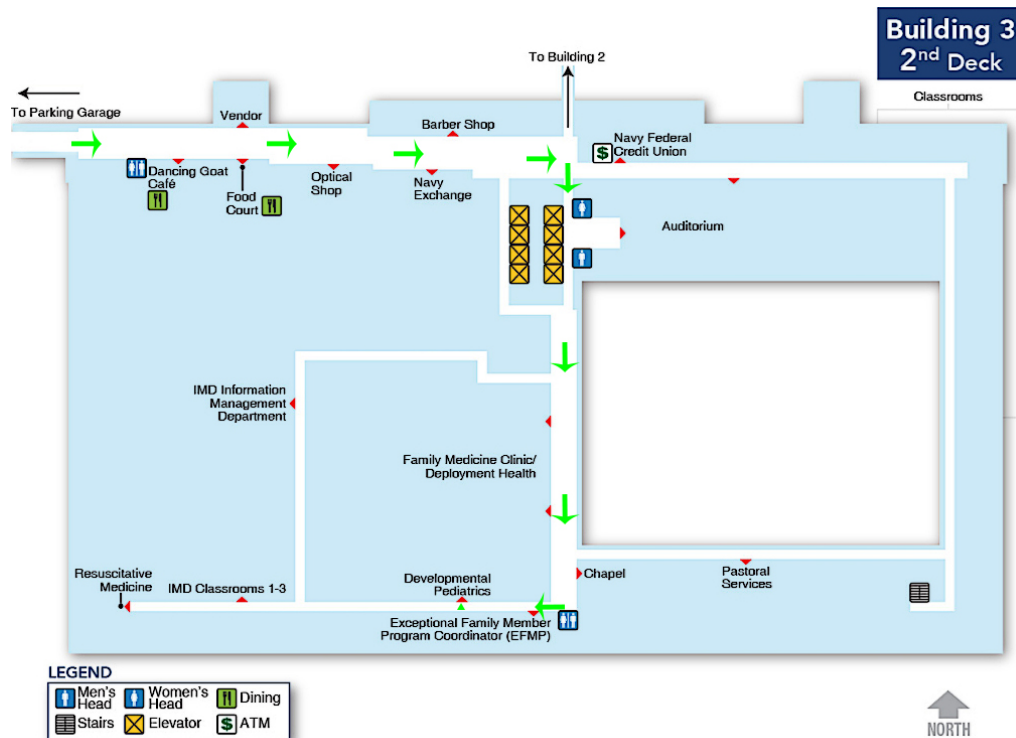
What happens as my child becomes an adult?

Does my partner and I need testing?
 What is the chance of passing on the condition to future children?
 If my affected child were to have a child of their own, would their child also be affected?
 Will other members of the family need testing?
 Can brothers and sisters be tested?
 Why are they sometimes not offered testing?
 Are there alternative reproductive options?
 Do we tell other family members? How?
 What emotional counseling options are available?
 What happens after the genetics appointment?
 How do I get more information and support on this condition?
 Are there medical papers or family-friendly resources?
 Who do I speak with if I think of questions later?

LOCATION AND DIRECTIONS:

You will enter from Effingham Street. As you arrive, the parking garage will be on the left and building 3 will be on the right. Park in the parking garage. Go to the 2nd floor of the parking garage. As you face the hospital, the skywalk to building 3 will be on the right (it connects the parking garage to the building across the street). Take the skywalk to building 3.

Once inside building 3, go past Dancing Goat coffee shop, the Food Court, and NEX Shopping center. Turn right at the elevators. Go to the end of the hallway and turn right at the Chapel/TV/Bathrooms. The first door on the right is Developmental Pediatrics. My clinic is there.



Vicinity view of Naval Medical Center Portsmouth

